



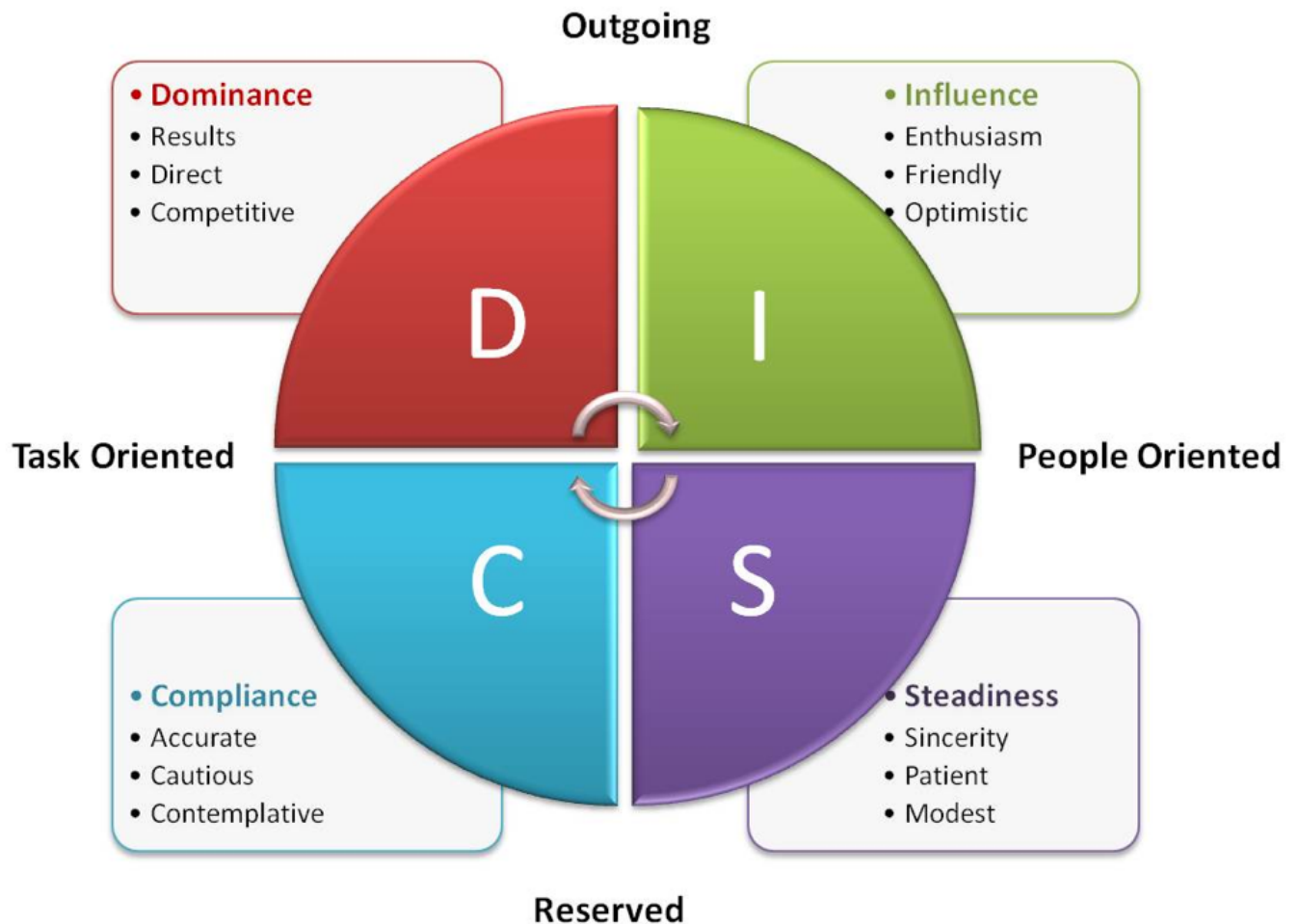
Leadership Program

Objective:

To implement a leadership program that will help students say yes to education and make a personal commitment to success.

Day 1 - DISC Personality Assessment - iSight Profile for Youth & Teens

Students will learn their psychological makeup and personal characteristics. The idea is for students to learn more about themselves and use this knowledge for career planning.



Day 2 - Conflict Resolution

Students will learn how to turn conflict into opportunities. Avoiding conflict often causes harm to relationships. Students will learn conflict resolution strategies that help to turn negative emotions into healthy responses.

- Teach students to create win-win scenarios.
- Learn how to attack the problem, not the person.
- See the value of open-ending questions.
- Will your reaction be the same in 10 years.

Healthy and unhealthy ways of managing and resolving conflict	
Unhealthy responses to conflict:	Healthy responses to conflict
An inability to recognize and respond to the things that matter to the other person	The capacity to recognize and respond to the things that matter to the other person
Explosive, angry, hurtful, and resentful reactions	Calm, non-defensive, and respectful reactions
The withdrawal of love, resulting in rejection, isolation, shaming, and fear of abandonment	A readiness to forgive and forget, and to move past the conflict without holding resentments or anger
An inability to compromise or see the other person's side	The ability to seek compromise and avoid punishing
The fear and avoidance of conflict; the expectation of bad outcomes	A belief that facing conflict head on is the best thing for both sides

Day 3 - Key Relationships

The value of mentorship. Students can learn from mistakes, they just don't have to be their own.

Peers - Who is raising the bar?

Mentee - Passing along the knowledge you receive to others.

"When you get, give....when you learn, teach" - Maya Angelou

Day 4 - Attitude IS Everything

SWOT (Strengths, Weaknesses, Opportunities, Threats)

How to deal with disappointment?

You are a walking resume.

Day 5 - Communication

- Closing the Loop
- Positioning yourself as the choice (job, internship, scholarship)
- How to communicate that you appreciate others.
- Seek to understand, than to be understood.
- Over communicate, the danger of assumptions.
- Students will learn that being a global citizen is vital to being a leader in the 21st century.
- Students will learn the four aspects of Cultural Intelligence (CQ) and how to make the most out of cultural differences.

Personal Commitment



to education. I understand that by graduating high school I create opportunities of success for myself and my future family. I understand that research shows the more I learn, the more I will earn. I understand that when I graduate, my family graduates. I understand that by signing below, I am making a personal commitment to finish high school.

Print Name Here

Sign Here



In Person Leadership Training for 25 Students

We provide facilitator and all materials

Training will be done on 2 consecutive Saturdays

3 hours each Saturday

6 hours total

Investment: \$4,000

Optional School Assembly: \$1,750

DVD Driven Leadership Training

5 DVDs

5 Leader Guides

5 Student Guides

Investment: \$497

We want CIS to administer the DVD Driven Leadership Training in a high school. We want to get video testimonials from students after they have completed the training and signed the personal commitment sheet. We would offer the DVD series to Communities in Schools at a discounted rate of \$297.