

****17 Most Important Principles – To Success and Happiness****

1. Creative
2. Going the Extra Mile
3. Budgeting Time and money
4. A Pleasing Personality
5. Learning From Defeat
6. Enthusiasm
7. Applied Faith
8. Teamwork
9. Accurate Thinking
10. Controlled Attention
11. Definitiveness of Purpose
12. Using Universal Law(cosmic habit force)
13. Maintain sound Physical and Mental Health
- 14. A Positive Mental Attitude**
15. Personal Initiative(Persistence)
16. The Master Mind
17. Self-Discipline

** Data extracted from life time experiences –of 200+ of the most successful leaders our country has ever known (1860-now). Names like Hilton, Firestone, Ford, Carnegie, Westinghouse, Morgan, Edison, etc

Furthermore, I quote:

*“After years spent studying and interviewing these successful men, we’ve concluded—**Positive Mental Attitude(PMA)** is the one simple secret—**SHARED BY THEM ALL**”*

-Authors Napoleon Hill & W Clement Stone-

Given the critical importance of this: **What can each of us do to boost our PMA—each and every workday?**





What's your "Smile Quotient?"

ON A SCALE OF 1-5, RATE THE FOLLOWING ATTRIBUTES (Remember: There are no wrong answers, be true to yourself and have fun!)	NEVER	SOMETIMES	HALF OF THE TIME	MORE OFTEN THAN NOT	ALL THE TIME	ENTER YOUR # HERE
You feel exhilarated, FIRED-UP and high on life daily	1	2	3	4	5	
Your overall ATTITUDE is contagious and worth catching	1	2	3	4	5	
Your glass is MORE than half full daily	1	2	3	4	5	
You feel YOU have CONTROL over your happiness	1	2	3	4	5	
Your number of SMILES per day is 25 or more	1	2	3	4	5	
You desire a better OUTLOOK on life	1	2	3	4	5	
Your POSITIVE SELF-TALK outweighs your negative self-talk	1	2	3	4	5	
Both your physical and your mental HEALTH is as good as you like it to be	1	2	3	4	5	
Your energy levels and MINDSET remain high throughout the day	1	2	3	4	5	
You would benefit from a JUMPSTART at some point during your day	1	2	3	4	5	
Your feelings about your job and WHAT YOU DO are positive	1	2	3	4	5	
You SURROUND yourself with positive, high energy and fun people	1	2	3	4	5	
TALLY UP YOUR ANSWERS HERE AND FIND OUT WHAT YOUR "SMILE QUOTIENT" IS BELOW						

YOUR SMILE QUOTIENT IS:

- 01 – 24** Time to move out of the "black hole" and begin using Smile Therapy immediately!
- 25 – 36** You are lightyears away from where you want to be. Take a test-flight of Smile Therapy now!
- 37 – 48** You are experiencing a partial eclipse of the sun. Come into the full light of day with Smile Therapy!
- 49 – 60** The sun is shining in your life! Use Smile Therapy to keep that great energy flowing and radiate it to others!