



## ONE DAY CAN CHANGE THE YEAR!

One Day Workshops can unite a school, help leaders step out of their comfort zone, discover what their job entails, define what the school climate may be and learn about themselves and others.

Step one: meet with student council advisor and a few students. Determine the need of the school and what they want everyone to learn and achieve during the one day workshop. Also, ask principal to approve and encourage advisors, coaches and teachers to send a representative from their class, group, organization, and sport. Use some of the leaders as junior counselors to work with you during the workshop and meet with them to go over activities and curriculum to be covered. Create a form to send to everyone and for students to hand out to friends or others they think will contribute and benefit.

Step two: Create a theme and t-shirt design and have junior counselors come up with symbols for their group depending on theme and make the name tags. Themes: MAGIC (Making a greater individual commitment), Leadership Boot Camp, We Are Master Builders of Leadership (Lego), Survivor, Leadership is a Jungle, STARS (Striving Together and Reaching Success (students can be used also) There are too many to include but be creative and make it work for you.

Step three: Work on ice breakers, energizers, goals, teamwork activities, presentations, problem solving, projects for the community etc. Also, come up with the sessions for your JC's to lead. Schedule for the day (include food and snacks) including time of sessions for everyone to talk about their group, sport, class, etc.

Step four: Have an evaluation....they should do this in the smaller groups with JC's. Ask for the things they liked, what they didn't, how to improve, what they learned that they can use, etc.

Step five: Closing is important! Go over what they learned and give out certificates showing they went through training for leaders. Close with thank you, a song and or activity for them to save thanks to all and see you later.

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